

Finding your Fit

The brain is a wonderful organ. It starts working when you get up in the morning, and doesn't stop until you get to the office. ~ Robert Frost ~

Some statistics regarding our work life:

- 70 % of American workers experience stress-related illnesses.
- 34 % say they will burn out on the job in the next 2 years, according to the U.S. Department of Health and Human Services
- There is a 33% increase in heart attacks on Monday mornings according to the LA Times.
- More people die at 9 o'clock Monday morning than any other time of day or any other day of the week, according to the National Centers for Disease Control and Prevention.
- There is a 25% increase in work-related injuries on Mondays, according to *Entrepreneur* magazine
- Male suicides are highest on Sunday nights, with men realizing that their careers – and possibly their finances as well – are not where they want them.

Work as unto the Lord, how?

Romans 12:6-8 (NLT)

⁶In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability to prophesy, speak out with as much faith as God has given you. ⁷If your gift is serving others, serve them well. If you are a teacher, teach well. ⁸If your gift is to encourage others, be encouraging. If it is giving, give generously. If God has given you leadership ability, take the responsibility seriously. And if you have a gift for showing kindness to others, do it gladly.

- Do it, do it well, do it with passion, take it seriously, and do it gladly.
1. Work as Worship not as idolatry.
 - a. Anything that you look to full fill what God can only fill is idolatry.
 - b. We miss our fit many times because we look to work to validate us.
 - c. How do you respond to other's success?
 2. Calling is for more than Pastors.
 - a. The notion of calling has been attributed to full-time ministry. But calling applies to everyone.
 - b. There is a desire within us to do something of spiritual significance.
 3. We are to steward the gifts we have been given.

- a. “God is not going to ask you why you were not like Mother Teresa, He is going to ask you why you weren’t like yourself.”
- b. The parable of the talents.
 - i. ¹⁴ “For *the kingdom of heaven is* like a man traveling to a far country, *who* called his own servants and delivered his goods to them. ¹⁵ And to one he gave five talents, to another two, and to another one, to **each according to his own ability**; and immediately he went on a journey.
- c. We fulfill our calling by being excellent at whatever God called us to do.
- d. Can be a poor steward when don’t believe you are good enough.
- e. Can be a poor steward when try to be someone else.

4. Finding the fit that fits you.

- a. Recognize that God has gifted you and made you for a particular calling.
- b. Stop looking to the job to show you who are you. Instead discover how God made you and pursue a job that fits you.
- c. Understand difference between Vocation vs. career vs. job
- d. Discover your gifts, passions, desires, and dreams. Make sure you involve God in the process. Who knows you better?
- e. Make a plan of action.
- f. Tell people about it.
- g. Don’t go and quit your current job.
- h. Prov. 22:29 NKJV

²⁹ Do you see a man *who* excels in his work?
 He will stand before kings;
 He will not stand before unknown *men*.

Resources:

48 DAYS TO THE WORK YOU LOVE BY DAN MILLER

NCC NICHE CLASS, SPIRITUAL GIFT CLASS, PERSONALITY CLASS